



The Poor Mans PHYSICIAN

The true Art of Medicine as it is prepared and administred for the healing of all diseases incident to mankind, By Thomas O Dowde Esq; one of the Grooms of the Chamber to his sacred Majesty King CHARLES the Second.

BEfore I give an account of many persons of quality by me cured of most desperate Diseases, I shall give the world a particular satisfaction in the present method of Cure of Mistris *Elizabeth Frind*, the daughter of Mistris *Alice Frind*, of Little *Warley* in the County of *Essex* Aged 13 years, and under violent falling Sicknes seven times a day.

Munday, *March 14*. 1663. 12 Vomits, 3 Stools, and had that night onely two fits, neither of them lasting two minutes. Thursday, *March 17*. 10 vomits, Stools 4. Sunday, *March 20*. 8 Vomits, Stools 10. Wednesday, *March 23*. 9, Vomits, Stools 8, Saturday *March 26*. 7, Vomits, Stools 4. Tuesday *March 29*. 11 Vomits, Stools 7. being all a choler of the highest Tincture and large quantity; Saturday *April 2*. 7 Vomits Stools 6, after the Operation of the Medicine the Patient standing carelessly in a wet room without either shoes or slippers, caused a flatulent vapour to arise which occasion'd 2 fits the day following, but not so violent as the former, to correct which, Monday, *April 4*. 7 Vomits. Thursday *April 7*. 11 Vomits Sunday *April 10*. 17 Vomits, Stools 7, and an extraordinary sweat, occasioned by adding one fourth part of the Medicine more.

Thursday *April 14*. 9 Vomits, Stools 8. Munday *April 18*. 8 Vomits, and not in the least sick. Friday *April 22*. 8 Vomits Stools 3, the Patient by accident drinking 6 spoonfulls of milk, after the operation of her Physick the Friday before, the tartarus matter being in agitation, did coagulate the milk and from that mov'd to a Symptome of a fit, but onely as a qualm lasting one minute, which occasion'd my immediate giving her some Phisick which at the third vomit brought up the coagulated milk in 3 several knots almost to a suffocation, and occasioned her immediately to cry (the Vomit being past) that her Stomach was as well and light, as ever it had been in all her life, and at a eleven a Clock came down stairs eat her breakfast and after her dinner, and eat at other times that day as chearfully as ever she did, and from this course of Physick (yet to be continued) she grows fat and chearfull to the admiration of all her friends and acquaintance, and many eminent persons from the court and others do daily see her, from the 25th the putrefactive matter as green as grass, and grosser then the white of an egge.

— *Circum* the Grand-child of Mrs. *Brown* at the blew-Boar in *High-Holborne* aged 18 years or thereabouts under a violent Falling-sicknes, 7 years falling 10 17 and never lesse then 4 times in 24 hours, and three persons usually to supress the violence of his convulse, cured by me in six dayes of Medicine according to the former method, about 10 or a 11 months agoe, free from all Symptomes of that disease, and all others, and clearly alter'd for the better in the whole figure of his Body.

My dearest friend Col. *Robert Werden* of the Bed-Chamber to his Royal Highness cur'd of the *Gout*, general obstructions, and a twenty years continual cramp in 24 hours.

The Lady *Freeman* wife to Sr. *George Freeman*, cur'd in 2 days of medicine of the *Scurvy*, *Dropfy*, & *Gout*, in one knee, she being at that time with child. My loving Friend Mr. *William Payn* cur'd of the *Gout* in 24 hours, and went abroad the day following, who usually lay by it a moneth.

Mr. *Adams* a Brewer in *St Thomas Apostles*, *Southwark*, cur'd of the *Gout* in 2 days of Medicine, and many others of that disease.

Sr. *John Denham* Knight of the Bath, His Majesties Surveyour general for his buildings under the great affliction of the *Convulse* and *Gout*, freed by me from the first (after the tryal) of many eminent persons, and much abated in the second in three days of medicine, and might have been perfectly cur'd long agoe, if he had pleased.

Sr. *George Freeman* Kt. of the Bath, son of Sr. *Ralph Freeman* the most remarkable Patient of *England*, sixteen years under the great affliction of active pains from head to foot, convulsion, tumour of his side, obstruction of his lungs, &c. in all that time in constant Physick under several eminent persons to his great expence and hundred times wishing himself dead, as not onely by his verball relation, but by his letters appear'd cur'd in ten days to great admiration. Madam *Katherine Needham* daughter of the late Lord *Kilmurry* under a *Tympany* of 7 years continuance, and for 3 weeks of every month in a dying condition by reason of violent obstructions, the first day of Medicine sunk not onely one handfull, but likewise freed from 150 hard Kernells on her belly which the Phisick from others could never reach, and in halfe the course of her cure, often declared her self to be so miraculously well as not desiring to be better, and is now well, living in *Ceshire*. Mrs. *Elizabeth Booth*, daughter of Sr. *John Booth*, cur'd in 6 hours of a *Surfet*. *Henry Clerk*, servant to the late Lady *Byron* cur'd of a violent *Favour*, unable through extremity of pain to rise out of bed or open his eyes in 6 hours.

— *Dively*, servant to the same Lady. under a violent pestilential *Favour*, *Lunacy* & weakness & given over as dead, perfectly cur'd in 24 hours a peice.

Mr. *Henry Brun* of the Bedchamber to his Royal Highness cur'd of obstructions of the stomach and violent pains in 24 hours. Captain *Randall Moulton* and many other persons of *Southwark* cur'd of obstructions, *Fevers*, *Agues*, *Lunacies*, &c. according as there several distempers were in 24 hours. Mr. *Charles Arth* and his wife and 4 children, cur'd of *Agues* and violent *Fevers* with *Lunacies* in 24 hours a peice when some others were given over as dead, The wife of one *Becket* a *Quinner* in the foresaid place troubled with great obstructions of her stomach, and violent pain in her head, to the extremity of running her head against the wall perfectly cur'd in 24 hours, and so continues.

Anne Nichols the wife of *John Nichols* Soap-boiler, in *Glene-alley* in *St. Toly's* street in *Southwark*, poisoned by an ill prepared Medicine taken from I know not whom, her so great a salivation, six moneths continuing in that distemper, so much passing from her every night as would wet a sheet; as she relates her jaw almost to a Suffocation, daily wishing her self in hergrave, after the experiment of some eminent men and highest trials of Art, in *Southwark*, where her teeth were forc't open by an instrument, and a gold ring being by her self put into her mouth to be possibly consum'd within 48 hours, by the virulency of the poison, and of all this cur'd in 48 hours being 2 days of Medicine, and the very poison brought out by the distinction of her pallat. Mr. *Hugh-ton* in *Crown Court* over against *St. Clements*, troubled with a *Dropfy*, his Members swollen as a childs head of 2 years old, and other parts proportionably, cur'd in 6 days, and still continues well, the cure being many months since. *George Moys* of *Rose and Crown Court* in *Graves-Inn-lane* troubled with a violent *Dropfy*, not making water in 3 weeks and 4 days, but as drops from a quill, and given over as incurable by some eminent Artists, cur'd in five days, and is at present as well as any man, and as many others of these distempers. Mr. *Lewis* at the *Dolphine* near the *Gate-house*, in *Westminster* 9 months under a violent *Scurvy* and *Dropfy*, and had been the Patient of several eminent Artists of this City, and by them left as a dying man, insensible in hands, arms, legs and feet, breast and belly having received the rights of the Church was desir'd to send for me, and cur'd in ten days, and is at this present in perfect health, and restored to the perfect use of all the aforesaid members. Mr. *Thomas* a Cheefe-Monger, at broken crosse in *Westminster*; And Mr. *Morton* at the Fox near the new Chappel at *Westminster* both of a deep *Consumption* and *Cough*, the first cur'd in 4 days of Physick, the second I leave to the satisfaction of enquiry as being most remarkable.

The Wife of the foresaid Mr. *Thomas* under great obstructions and weakness in knees and leggs, cur'd in six hours, and at that time some months gone with Child, and will I am confident have a fairer child and better delivery then in all her life.

Mr. *John Redding* in so deep a *Consumption* and *Cough*, that I refused to give him medicine till prevailed on by the importunity of his Sister Mistris *Mills* in *Crown Court* next door to my house, cured in two days of medicine and continues well, he was cur'd about 4 moneths agoe.

Mistris *Shue* the wife of Mr. *Shue* a Strong-waterman near the Kings Bench in *Southwarke*, under a violent *Surfet*, bloody Flux and Gripping of the Guts, going to 14, 15, or 16 times in an hour for 6 days, and having been in the hands of others, was cured by me in 5 days, being 2 days of medicine. My honored friend Justice *Peck* of *Westminster*, and his Lady cured of their several distempers, and one of his grand-children of the Yellow Jandies in one day. For my cure of an ulcerated Leg and remains of Mercury after many moneths affliction to the patient, I leave to the judgement of the Physician where the parties have been. Mr. *John Powell*, an ingenious Chyrurgion near M. *Shelberies* an Apothecary in the *Strand* under a violent *Ague* six years, with some intermissions, yet so weak and low, having tried all means, was cured, and the moving Cause carried off in 24 hours, many moneths since. Mr. *Cerby* a Carpenter living in *Loins-Alley* in *Bishopsgate-lireet*, the most afflicted patient I ever met, from the remains of a two years *Ague*, lying in a ditch in *Finesbury-fields* weary of his life, providence sending me that way, I gave him medicine next day and perfectly cured him in 24 hours, a miracle and is well to this day, he was cured many moneths since.

These cures and many hundred more in this City, together with my constant practise in *Darby-shire* for four years and a half, being considered by all rational and judicious men may make it appear a modest proposition for a Chymist (who hath been a sufferer to misery and ruine in the late War for the King to omit in the sight of all the world without ostentation or vanity to make triall of his skill with the most considerable of the *Galenist* party in the most desperate diseases professing that I would rather at any time have such patients on whom they have experimented, then such as never let the world see that this is not done for lucre of money, I never did nor never will turn my back up on the poorest patients who in a year, but in charity have as tender a care of them, as of the wealthiest persons, and will when I shall be required administer to their most desperate patients if curable by the Art of medicine, without regard to the dietory or other usual impositions, and will likewise undertake to cure the *Plague* in six hours. And to conclude though all my medicines be as safe as the most harmless Milke I doe declare in the presence of the alfeeing God, that I never administer to any person but with an aking Heart and trembling Hand, from an awfull reverence to the great Creator of all things, who is pleased to intrust me the lowest of his servants, with so great secrets faithfully extracted from the meanest of his creatures whose blessings on all my endeavours I shall ever beg.

From my Laboratory over against *St. Clements Church* in the *Strand*.

Licensed, *July 28*, 1664. *Roger L'Estrange*.

(12)

Phyllis